

# Innovative Approaches to Social Work and Care

WHAT: **Physical mobility (21ECTS)**

WHEN: **1.09-31.10.2025**

WHERE: **TTK UAS, Estonia**

## **Innovative Technologies in Social Work and Social Care (3 ECTS)**

Focus on how technology is transforming social work practices, including telehealth and digital communication tools that improve client engagement and service delivery.

## **Communication Studies: Communication with the Media and the Public (3 ECTS)**

Examination of effective communication strategies for social workers when engaging with media and the public, promoting awareness of social issues.

## **Domestic Violence and Victim Support (3 ECTS)**

Focus on understanding domestic violence dynamics and providing appropriate support to victims, including safety planning and resource navigation.

## **Creative Methods in Social Work (3 ECTS)**

Exploration of innovative and artistic approaches to therapy and support, enhancing engagement with clients through creative expression.

## **Self-Management and Personal Development (3 ECTS)**

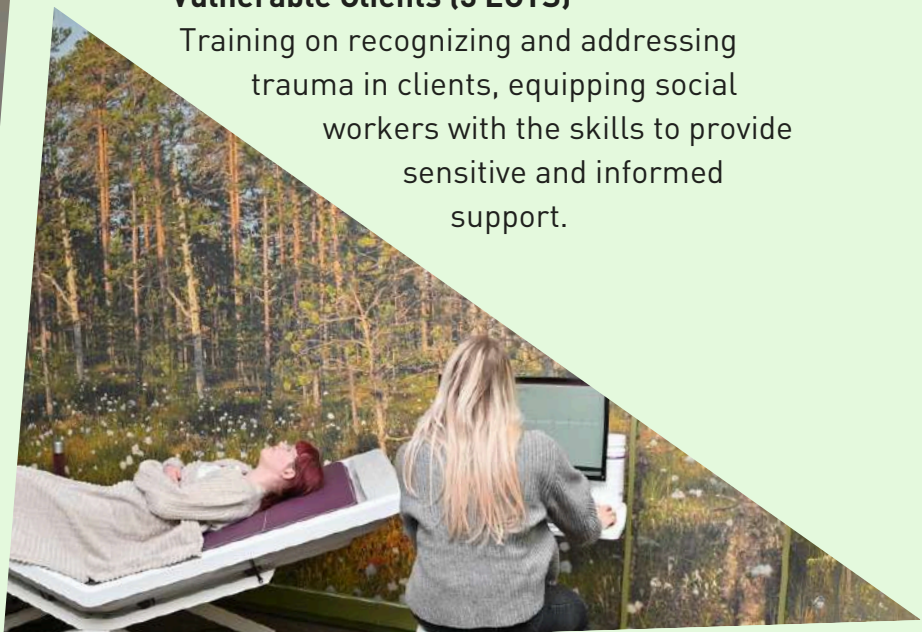
Emphasis on personal growth strategies for social workers, focusing on self-care, resilience, and professional development.

## **Fieldwork (3 ECTS)**

Practical component allowing students to apply theoretical knowledge in real-world settings, gaining hands-on experience in social work practice in different institutions.

## **Trauma Awareness in Working with Vulnerable Clients (3 ECTS)**

Training on recognizing and addressing trauma in clients, equipping social workers with the skills to provide sensitive and informed support.





## Why Choose Our Social Work Module?

### Beautiful Countryside Setting

Study in a serene environment that fosters learning and personal growth. The picturesque landscape provides an inspiring backdrop for your educational journey.

### Comprehensive Support

Our dedicated counseling services ensure that you receive guidance throughout your studies, helping you navigate academic challenges and personal development.

### Hands-On Learning

Engage in practical assignments set in nature, allowing you to apply theoretical knowledge to real-world situations. This experiential learning approach enhances your understanding of social dynamics.

### Advanced Facilities

Take advantage of our two specialized social work labs—the Lab of Wellbeing Technologies and the Children's Lab. These facilities provide students with hands-on lab practices, enhancing their learning experience and practical skills.

### Cultural Immersion

Gain insights into Estonian culture through various activities and projects that celebrate local traditions and societal structures, enriching your educational experience.

### Work Placement Opportunities

Take advantage of work placements in social care institutions during your studies. This invaluable experience not only enhances your resume but also allows you to make a meaningful impact in the community.

Join us at TTK University of Applied Sciences and embark on a transformative journey in social work. Whether you're passionate about social issues, eager to explore cultural nuances, or aiming for a career in social work, our program is tailored to meet your aspirations.

Apply now and be part of a community  
dedicated to making a difference!

TTK UAS, Tiigivahe tee 1, Mõdriku  
Lääne-Viru County  
Estonia

